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Your Wheel of Life

Possible life areas:

Health, Business, Creativity, Sport, Love, Family / Friends, Self-determination, Physical environment, Recreation, Values, Spirituality, Money, Hobby, Fun



Instructions

- 1. Print out page 2 with the wheel of life TWICE.
- 2. Choose eight areas of life that are most important to you or that you would like to highlight right now and determine which section belongs to which topic.
 - a. Possible areas of life: Health, Business, Creativity, Sport, Love, Family / Friends (or social environment), Selfdetermination, Physical environment, Recreation, Values, Spirituality, Money, Hobby, Fun
- 3. Colour in the "pieces of cake" on the first printout to the extent that you feel fulfilled and in self-determination RIGHT NOW. Don't think too long, follow your intuition.
- 4. Now take the 2 printout and colour in the areas as you want them.
- 5. Compare both sides and consider which steps you would like to take to get a little closer to your desired scenario today.
- 6. Set a reminder in your calendar in one month to do the exercise again and see what has changed.



In this magical month we take a close look at your wheel of life.

We take care of the areas that need your attention right now.

You will get back into the flow, back into your power and the realisation of your personal and professional goals!



5 Live-Zoom-Meetings:

** You and me - tailored exactly to your needs

** Weekly 50-60 minutes

** Directly actionable input

5 personal messages from the field:

Every week an individual reading as a voice message for you.

Instructions & tools for every area of life:

For each of your 8 defined areas in the Wheel of Life I give you suitable exercises suitable for everyday life.

My resources for you:

Reading in the morphic field Law of Attraction Quantum Healing Success Rituals Mindset-Tools Online-Marketing Simplicity Self-determination

Magic Month Protected, private space for Harmony Peace **Stability** Development

You want to do all this 1-on-1 with me alone? Then secure one of the 3 places now at 777 euros or CHF each. <u>Write to me!</u>

Start NOW!